Shooting Macro in Control of the Con









The vast expanse of pristine beach at Ponta do Ouro (above right); Many sand roads lead to Ponta do Ouro (top left)—soon to be a thing of the past, as a new tar road between Maputo, Ponta do Ouro and the Kosi Bay border post is due to be completed in December 2018; Some of the many market stalls in Ponta do Ouro (above left); If you look closely, you will even find a barber shop in the market at Ponta do Ouro! (right); PREVIOUS PAGE: Golden blenny peeks out of his hole in the reef at Lionfish Alley.

There's a cartoon that pops up on social media every now and again of a diver photographing a tiny starfish on a rock as a beautiful shark glides above him. The diver continues to concentrate on the critter as his buddies try, without success, to catch his attention. Such is the life of a macro photographer, and such was my recent experience in Mozambique.

I have been diving in Ponta do Ouro, a small Mozambican coastal village 10km from the South African border, since 2002 and love its laidback atmosphere, rustic village life, long sandy beaches and warm blue ocean, just waiting to be explored. Because of the clear water, schools of colourful fish, vibrant reefs and the chance of seeing "something bigger," I had always previously opted for wide-angle photography whilst diving here.

However, a year ago, photos of incredible macro life in Ponta do Ouro started to emerge on social

media, and amongst the winners of photographic competitions. I was intrigued—I had no idea that such macro life existed in Mozambique, and I was keen to go and find it for myself.

Getting there

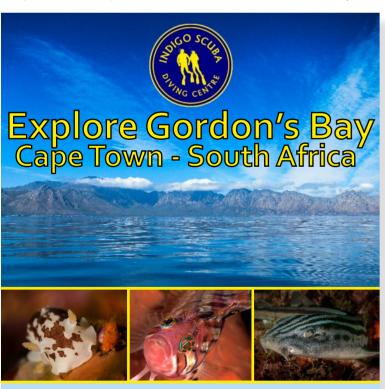
I travelled to Ponta do Ouro with a group of 11 diving friends, flying from Cape Town to Durban and then taking a bus to the South African-Mozambican border post at Kosi Bay. Once our passports had been stamped, we were met by Isaak, a friendly Mozambican taxi driver who



A relaxed way of life in Ponta do'Ouro



Divers push a dive boat into the surf (above); Sunrise on the beach at Ponta do Ouro with dive boats waiting to be loaded for the first dive of the day (right); Mantis shrimp peers cheekily from a hole in the reef at Doodles (lower right)



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took us across dunes and through coastal forests on a winding sand road to Ponta do Ouro.

We soon arrived at the house we had rented, unpacked and went in

search of groceries and the delicious local "2M" beer at the nearby market. A relaxing evening was spent chatting and preparing our cameras for our dives the following day.

In Mozambique, the boats launch through the surf, directly from the beach. Typical of most dive boats in Southern Africa, they have hard hulls, inflatable pontoons and outboard motors. All dive gear is loaded onto the boat at the beach, and the divers help to push the boat around so that it is facing the waves, and a tractor then pushes the boat into the water.

As soon as the boat is floating, the skipper will jump aboard, shout "ladies up" and the ladies all heave themselves up over the pontoons and onto the boat. Not very lady-like, but a lot of fun nevertheless. Once the boat is slightly deeper in the water, the gents are called to clamber aboard. Safety rules require that everyone dons a life jacket until the boat is through

the surf break. It is also vital that passengers put their feet in the foot straps on the deck and hold on tightly to the ropes tied to the pontoons as it can often be a fast and bumpy ride to get through the surf.

Diving

Doodles. Our first dive was at a lovely site called Doodles. The reefs of Ponta do Ouro comprise low-profile fossilised sand dunes covered with hard and soft corals. Dive sites range from 10m to over 40m in depth, and there is something here for everyone.

To get acclimatised to the Mozambican way of diving, I opted to use a 17–70mm macro lens behind a compact macro port. Being a zoom lens, it enables one to photograph relatively wide-angle reef scenes as well as schools of fish, fish portraits and larger critters. I soon spied critters that were too small to photograph with my





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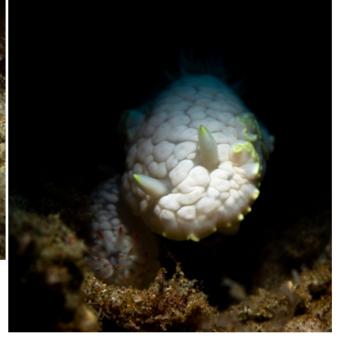
Mozambique





Mozambique

Giant frogfish at Doodles (top left); At Lionfish Alley, a Spanish dancer (left), a sea dragon nudibranch (below), an undulated nudibranch (center), a marbled leopard moray eel (bottom left), and a common octopus, peering out of its lair (bottom right)







setup—a Favorinus nudibranch on a rosette of Spanish dancer eggs, a tiny Spanish dancer nudibranch, a beautiful purple leaf fish and sea whip gobies. There were also larger subjects that I was able to shoot at closer range, and I was very excited to see a beautiful orange frogfish that tried to camouflage himself against a large orange sponge.

Tea Garden. Not wanting to change my lens in-between dives, I used the same setup on our next dive at Tea Garden where I spent most of my time photographing the vibrant reef fish as well as the many shrimps, porcelain crabs and anemone clownfish that shared their sprawling anemone homes. A huge red octopus sat superciliously atop the reef, looking very much like a character from the movie, Pirates of the Caribbean.

Lionfish Alley. The next day was definitely macro day. Armed with my 60mm macro lens, snoot and strobes and a +12.5 diopter to magnify the tinier critters, we went off to Lionfish Alley, a smallish reef 30 minutes up the coast from Ponta do Ouro. Critters were plentiful, and I spent a very happy 40 minutes photographing tiny blennies that played hide-and-seek with me as they darted in and out of their holes on the reef. Nudibranchs chomped their way through their food of choice, leaf fish swayed in the gentle surge, and octopuses hid in cracks on the reef.

Suddenly, all pandemonium broke out and we were enveloped in a huge school of about 300 yellow-spot-



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Diver uses a wide-angle macro technique to photograph a beautiful scorpionfish at Atlantis

ted kingfish. They circled us, swarmed around us, the black spots along their bodies flashing on and off. They were in hunting mode, and the fish on the reef quickly darted for cover. This carried on for a good 15 minutes until the tornado of fish disappeared as quickly as it had appeared. What an amazing experience—and, of course, it was a photographic opportunity missed as we all had macro lenses on our cameras!

The dive continued, and we found more beautiful nudibranchs, gobies and shrimps. The fun ensued on the safety stop as a lone remora swam from diver to diver, trying to find a new home. Fortunately, no one was to his liking!

Close. Our second dive of the day was at a site called Close, but as the surge was pretty strong, I struggled to take any reasonably good macro photos. There were quite a few tiny nudibranchs, which were impossible to capture using a diopter. Small sea whip gobies kept us entertained as they darted up and down their sea whip homes, and a beautiful pale pink and purple scorpionfish lazed on the reef, sadly too big for my macro setup. It was a really beautiful site, with a very busy cleaning station, but unfortunately not a very successful macro dive for me.

Atlantis. The following day was a day I had been waiting for with mixed emotions. It was to a dive site known as Atlantis, which would take us to the limits of recreational diving. The last time I dived here, I had experienced nitrogen narcosis, and I was not keen to experience that tunnel vision and ringing in my ears again. At the same time, I was incredibly excited, as I had heard that



Twinstripe blenny (above) and sea whip goby (top left) at Close dive site



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there was a purple Rhinopias frondosa, or weedy scorpionfish, on this reef—a fish at the top of my bucket list that I had always wanted to see.

Conditions were perfect,

and descending to the reef, the water was midnight blue, clear and calm with no current. The beauty of the reef quickly opened up to us, and we could see the huge, black tree coral

forests that adorned the top of the reef at 36m. We only had a short time to explore the reef, and before long, we spotted a huge orange Spanish dancer, the size of a dinner plate—then another and another. Suddenly, with just three minutes left of the dive, we found him—the purple weedy scorpionfish sitting proudly on a patch of the reef, well camouflaged between a clump of purple sea fans!

I took a few photos and swam on, giving the others the opportunity to photograph this "Holy Grail" of fish. I reviewed my photos and realized that, in my excitement, I had neglected to observe the "get close and then get closer" rule of underwater photography, and the fish was very small in the frame. Once the other divers had finished, I had one more minute to take some closer shots before our bottom time was up and we



Purple weedy scorpionfish, or *Rhinopias frondosa*, at Atlantis (above); Very small and well-camouflaged juvenile scorpion fish at Tea Garden (top center); Huge common octopus (top left) and spotted porcelain crab (left) at Tea Garden



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Horseshoe hawkfish (left) at Checkers; Blackmargined nudibranch at Drop Zone (below)



Red-spotted coral crab at Checkers

the surface. It had been an exhilarating dive and we all met on the surface, whooping with excitement. As we waited to climb onto the boat, we were joined by a solitary wahoo, who hung next to us, watching our antics. The excitement and adventure of exploring this incredible reef and discovering a fish that is so

Checkers. The excitement lasted long into our next dive of the day, which was at Checkers, one of my favourite sites as it has beautiful topography and is teeming with fish life. I spent the dive floating between the schools of snappers and batfish, taking wide-angle macro photos of the clown anemonefish and having a bit of a giggle at one of my buddies who



insisted that a piece of coral was in fact a nudibranch. He spent much of the dive taking photos of said nudibranch, only to find out later that it was, in fact, a coral! And such is macro diving, especially for

those who are in need of corrective lenses!

Stables. The following day, we dived on the moon—literally! We descended 30m to a completely



Seahorse wrapped around a sea pen at Stables dive site



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flat, sandy sea floor that was seemingly barren apart from hundreds of sea pens. This was Stables, the leaendary "muck diving" site of Ponta do Ouro. Visibility was incredible, and we could see in all directions as far as the blue horizon would allow. As we started to swim, life started to emerge from amongst the sea pens. Curious hairy urchins known as sea mice, shy filefish, pipefish and seahorses were discovered hiding among the sea pens, and a strange-looking eel poked its nose out from a hole in the sand. It was a silent and eerie dive that, because of its depth, was sadly over far too soon.

Three Sisters. The second dive of the day was a little more normal. We visited Three Sisters, where blennies peeked out

of holes in the reef and garden eels swayed in the sand. Sea whips, covered with tiger anemones, provided a beautiful backdrop for the little gobies that had made them their homes. Nudibranchs grazed on the reef and a huge variety of reef fish of every shape, size and colour swirled around the three large rocks that give this site its

Tiger anemones provide a perfect camouflage for this little sea whip goby at Three Sisters (left)

name. There was quite a bit of surge and current running, so I spent most of the dive on the sheltered side of the reef photographing the nudibranchs, inquisitive aeometric eels and comical blennies.

Blacks. The following day took us to one of Ponta do Ouro's most famous macro dive sites, Blacks, Here, we were treated to a multitude of macro subjects, from robust ghost pipefish, nudibranchs, juvenile fish, pipefish and the cutest, shy little yellow black-spotted boxfish that kept turning his back on me. Hinge-beak shrimps patrolled the lairs of the spiteful black-cheeked morays that waited to snap at the hands and arms of

unwary divers. Although this is a relatively small reef, I could have spent hours exploring it, as there was so much to see.

All too soon, it was our last day and we opted to return to Blacks. Early into the dive, one





Mozambique



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Bornella anguilla, or snakey bornella nudibranch, at Blacks dive site (above); Flabellina nudibranch at Blacks (top center); Very small Roboastra luteolineata, approximately 1cm in length, glides across the sand at Tea Garden (top right)

of my buddies called me over and pointed at a bushy hydroid. As it swayed in the surge, its branches opened up to reveal a *Bornella anguilla*, a nudibranch I had been hoping to see for over 10 years! Photographing this beauty was a great challenge as I had to wait for the hydroid fronds to open up, focus on the nudibranch and press the shutter before they closed, hiding him from me again.

I concentrated and concentrated, desperate to get a good shot. Just then, my husband came over to me, frantically waving and showing me the sign for "shark." He wanted me to follow him, but I didn't want to leave my nudibranch behind until I was certain I had taken the best possible photo. I waved at him and let him swim off—this was far more important than seeing a shark

that I wouldn't be able to photograph with a macro lens.

When we surfaced, my husband asked if I had seen the shark. I replied that I had not, and he started laughing. He told me that I had had my nose so deep into the reef that I had yet again missed seeing a zebra shark, one of the very few sharks I have never seen and really wanted to, but always missed. We laughed all the way back to the beach.

Afterthoughts

Our trip to Ponta do Ouro certainly ended on a high note. It was very different to any of our previous trips, and we dived some incredible sites and explored fascinating new sites too. I feel that we have only scratched the tip of the iceberg as far as macro photography in Mozambique goes, and there is so much more to be



Tessellated halgerda nudibranchs at Blacks dive site; Purple-edged ceratosoma nudibranch at Drop Zone (left)

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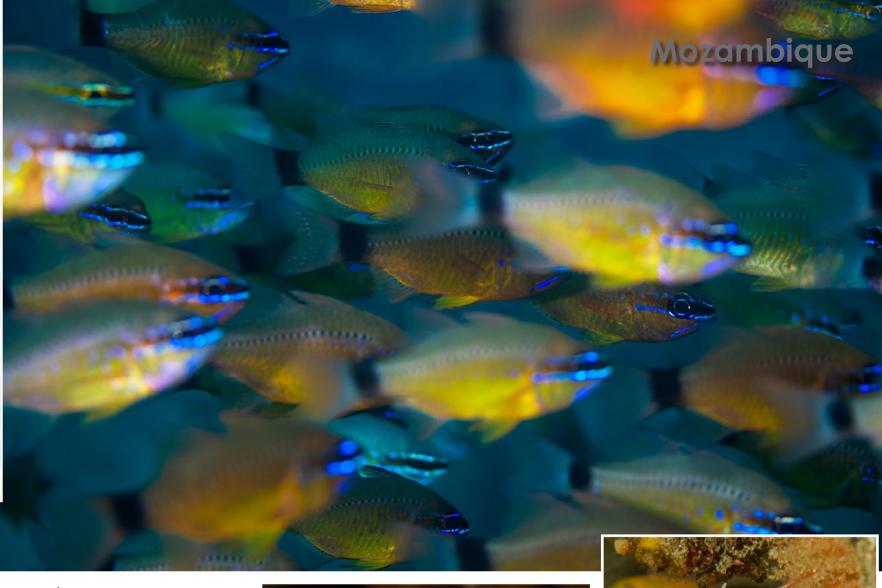
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At Blacks, robust ghost pipefish (above), red-scribbled pipefish (top left) and a tiny geometric eel (right)

discovered.

There are definitely some sites that are more suited to macro photography—such as Tea Garden, Blacks, Lionfish Alley and Stables—and others that are better for wide-angle. The reefs in Ponta do Ouro are teeming with life and are of such great diversity, though, that whatever setup you choose to take beneath the waves with you, you will always find exciting and beautiful subjects to photograph. But don't be surprised if a whale shark or manta swims above you when you are photographing nudibranchs—as such is the life of a macro photographer.

Kate Jonker is an underwater photographer and writer based in South Africa. She teaches underwater photography, is an SSI Dive Control Specialist and dive boat skipper for Indigo Scuba in



Gordon's Bay and leads dive trips across the globe. For more information, please visit: **Katejonker.com**.





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History After nearly five centuries as a Portuguese colony, Mozambique gained independence in 1975. This was followed by large scale emigration, a severe drought and a prolonaed civil war which thwarted the nation's development until the mid-1990s. In 1989, the ruling force, the Front for the Liberation of Mozambique (Frelimo) formally abandoned Marxism. The following year, a new constitution provided for multi-party elections and a free market economy. In 1992, a peace agreement negotiated by the UN between Frelimo and the Rebel Mozambiaue National Resistance (Renamo) force, ended the violence. After 18 vears in office, Joaquim Chissano stepped down in December 2004 and his elected successor. Armando Emilio Guebuza served two terms until his executive power was passed to Filipe Nyusi in 2015. Government: presidential republic. Capital: Maputo

Geography Mozambique is located in south eastern Africa and borders the Mozambique channel between South Africa and Tanzania. Other neighbouring countries include Malawi, Zambia and Zimbabwe. Mozambique is the 36th largest country in the world with a coastline stretch-

ing 2,470km. The terrain is mostly coastal lowlands, uplands in the interior, high plateaus in the north west and mountains in the west. The lowest point is the Indian ocean is 0m and the highest point is Monte Binga at 2,436m. Natural hazards include severe droughts, cyclones and floods in the southern and central provinces.

Climate Mozambique's climate is tropical to subtropical.

Environmental issues

Increased migration of the population to urban and coastal areas has had an adverse impact on the environment. Other challenges include desertification, pollution of surface and coastal waters and elephant poaching for ivory.

Economy

Mozambique was one of the world's poorest countries at the time of its independence in 1975. In 1987, in order to stabilize the economy, the government embarked on a series of macroeconomic reforms. This, in addition to donor assistance and political stability after the multi-party elections of 1994, led to dramatic improvements in the nation's GDP. However, despite the introduction of VAT and reform of customs service, over 50 percent of the population still remains below the pover-

ty line and subsistence agriculture continues to employ the majority of the country's work force. The economv arew at an average of six to eight percent between 2005 and 2015, making Mozambique one of Africa's strongest performers: but the country's large external debt burden, donor withdrawal, elevated inflation and currency depreciation resulted in a slower growth from 2016 to 2017. American ExxonMobil and Anadarko are currently (2018) seeking approval to develop natural gas fields off the coast of Cabo Delgado province in the north of the country and the Mozambican government predicts that sales of liquefied natural gas from these projects could generate several billion dollars in revenues annually from 2022 onwards.

Currency Metical (MZN). Exchange rate: 1USD=59.21MZN; 1EUR=68.82MZN; 1GBP=78.8MZN; 1AUD=44.43MZN; 1SGD=44.15MZN

Population 26,573,706 (July 2017 est.). Mozambique is a poor, sparsely populated country with a rapidly growing youthful population—45% of the population is younger than 15, although population growth is affected by excess mortality due to AIDS and other diseases, which can result in lower life expectancy and higher infant mortality. The population is

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Location of Mozambique on

global map (left), and location of Ponto do Ouro on map of Mozambique (below); Juvenile twobar anemone clownfish in anemone (right) and male

> sea goldie (bottom right) at Three Sisters dive site.

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Pemba

TANZANIA

situated in three main areas: the southern coast between Maputo and Inhambane; the central area between Beira and Chimoio alona the Zambezi River; and in and around the northern cities of Nampula, Cidade de Nacala and Pemba. The main ethnic groups comprise: African 99.66% (Makhuwa, Tsonga, Lomwe, Sena, and others), Europeans 0.06%, Euro-Africans 0.2%, Indians 0.08% Religions: Roman Catholic 28.4%, Muslim 17.9%, Zionist Christian 15.5%, Protestant 12.2% (2007 est.). Internet users: 4,543,284, or 17.5% (July 2016 est.)



Language Portuguese, which is the official language, is spoken by 10.7%. Other languages include Emakhuwa 25.3%, Xichangana 10.3%, Cisena 7.5%, Elomwe 7%, Echuwabo 5.1%, and other Mozambican languages 30.1% (2007 est.).

Health & Security For health and security updates, local laws and medical facilities, please check your national state department's current travel advisories before your trip. The following vaccines are recommended by the US CDC (Centres for disease control and prevention): Heptatitis A and Typhoid, as there is a risk of contracting these diseases through contaminated food or water in Mozambiaue, especially if you are staying with friends or relatives, visiting smaller cities or rural areas, or if you are an adventurous eater; Malaria—talk to your doctor before you leave in order to take the right malaria medication for your trip, especially as some medications are not suitable for divers. DAN (Divers Alert Network) can provide accurate advice in this regard; be aware that a prescription is required to get malaria medication.

Decompression chambersThe closest hyperbaric chamber is

The closest hyperbaric chamber in Richard's Bay, South Africa.

Travel/Visa A visa, passport and return ticket are required for entry. Get a visa in advance of your trip. Passports must be valid for at least 6 months and have 3 blank pages, and be carried on your person at all times during your trip. Please consult consular services for more details, especially if you are traveling with minors through South Africa to get there.

Web sites Mozambique Tourism mozambiquetourism.co.za





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